



Green Fondo

Northern California

May 16-18, 2025

RIDE GUIDE



IMPORTANT NOTES:

- **We do not recommend viewing this guide in a mobile browser.**
- *If you are viewing it in the Google Docs mobile app, make sure it's in "Print Layout." To do this, click on the 3 dots at the top right of your screen and toggle the "Print Layout" button to the 'on' position.*
- **The best viewing experience will be on a computer, or you can download a pdf version by going to [File>Download>PDF Document \(.pdf\)](#).**
- *For easier navigation on desktop, you can also turn on the **outline view**.*



**Welcome to
Green Fondo
NorCal 2025!**



This guide contains tons of important info about Green Fondo Northern California 2025 (May 16-18). It's designed to help you have a great experience, and we encourage you to read it from cover to cover. We look forward to seeing you all in May! - The Climate Ride Team

In this guide, you'll find more info about...

- Event schedule
- Traveling to and from the event
- Preparing for the ride and what to expect once you're there
- Enriching your experience beyond the logistics!
- Official Packing List

Your Participant Manager in the Climate Ride office is...

Hannah Matthews (she/her)

Email (preferred!): hannah@climateride.org

Office Number: (406) 493-6315

Hannah can help with general ride questions, fundraising advice, and just about anything else ride-related. Please reach out if you need help!



Green Fondo Northern California 2025

Event Overview



EVENT LENGTH

2 Nights, 2 Days



FUNDRAISING MINIMUM

\$250*

by May 5, 2025

**For fundraising participants*



ACCOMMODATIONS

Walker Creek Ranch

Tent camping or indoor accommodations for add'l fee



TOTAL MILEAGE (DAY 1 & 2)

Grande: 100 & 56 miles

Medio: 57 & 41 miles

Piccolo: 36 & 22 miles



Fundraising and Donation Policies

To secure your spot on this ride, you will need to make sure you meet the fundraising minimum by the final fundraising deadline. All registration fees and donations are non-refundable or transferable.

Mandatory Fundraising Deadlines for all participants:

\$125 to be raised by: **March 17, 2025**

\$250 to be raised by: **May 5, 2025**

Transfer Deadline*: March 17, 2025

****If you cancel your participation after this date, all fundraising will go toward Climate Ride's programs and cannot be transferred toward your participation in any future Climate Ride event. Registration fees are non-refundable. For more info, please check out the [Policies page on our website](#), or email your participant manager.***

We are also thrilled to announce that **we will be granting 100% of your fundraising to your selected beneficiaries for this event!** This is rare in the fundraising world so please take advantage! 🌟

Huge thanks go out to our Green Fondo Super Supporters, Annual Fund donors, and the network of dedicated Climate Riders who have ridden with us on our Funders' Trips for helping make this event accessible and impactful!

FUNDRAISING INCENTIVE DEADLINES

- **Raise \$500 by March 17, 2025** to earn a Climate Ride water bottle made from plants! !
- **Raise \$1,000 by March 17, 2025** to earn the **Green Fondo cycling jersey!**
- **Raise \$1,750 by May 5, 2025** to earn an **insulated coffee mug!**
- The overall top fundraiser will earn a spot on a 2025 or 2026 Climate Ride event in the U.S.! **Top fundraiser prize will be determined at the final fundraising deadline May 5, 2025.**

All participants must fundraise or self-pledge at least \$250 by May 5, 2025 to participate in Green Fondo NorCal 2025.

Day-By-Day Schedule



Below is a breakdown of the schedule for each day of the ride. Times may change based on route conditions or other factors, but this should give you a good idea of the shape of the weekend. Some elements are flexible depending on how fast you ride, and others (such as meal times) are more set in stone.

Day 1 - Friday, May 16, 2025

All times are subject to adjustment.

5:00 - 7:00 PM: Event Registration and camp set up.

7:00 pm - 7:45 PM: Evening networking opportunity and gathering with appetizers and drinks

7:45 PM: Welcome announcements

Overnight (both nights): Camping or indoor accommodations at Walker Creek Ranch or hotels on your own outside of camp.

***If you'd like a full dinner, we suggest you eat before arriving.**

****If you can't arrive on Friday night, please arrive Saturday morning by...**

6:00 AM: if you're riding the **Grande** option.

7:00 AM: if you're riding the **Medio or Piccolo** options.

Day 2 - Saturday, May 17, 2025

Depending on the cycling option you've selected, you will have different timing, so please read closely and find your option's info below. Elements highlighted in yellow are currently TBD and subject to change.

6:00 - 7:00 AM: Registration open for riders arriving Saturday morning

GRANDE –100-mile option – Gain: 6,300 ft

6:00 AM: Breakfast available in the dining hall

6:30 AM: Mandatory safety talk

6:40 AM: Grande ride start!

~9:00 AM: Water stop in Tomales

~10:30 AM: Water stop Monte Rio

~11:30 AM: Water stop on Coast

~12:30 PM: Picnic lunch

2:00 PM: Latest time to leave lunch

~2:30 PM: Water Stop at Helen Putnam Park

~4:00 PM: Arrival back at camp

See below for the rest of the evening's schedule!

MEDIO – 56-mile option – Gain: 4,000 ft

7:00 AM: Breakfast available in the dining hall

8:00 AM: Mandatory safety talk

8:30 AM: Medio Ride Start!

~9:30 AM: Water Stop in Tomales

~11:00 AM: Lunch Stop

1:00 PM: Water Stop at Helen Putnam Park

~3:30 PM: Arrival at camp

See below for the rest of the evening's schedule!

PICCOLO – 36-mile option – Gain: 2,300 ft

7:00 - 8:00 AM: Breakfast available in the dining hall

9:00 AM: Mandatory safety talk

9:30 AM: Shuttle to Tomales

~11:00 AM: Lunch stop

1:00 PM: Water Stop at Helen Putnam Park

~2:00 PM: Arrival at camp

See below for the rest of the evening's schedule!

EVENING CAMP SCHEDULE (for all riders)

4:00 - 5:00 PM: Recovery yoga at camp

4:00 - 5:00 PM: Bike mechanic workshop at camp

4:00 - 6:00 PM: Beneficiary expo tables on patio

4:00 - 6:00 PM: Music, dancing, beer/wine, games, and fun!

6:00 PM*: Dinner in the dining hall for Medio/Piccolo riders

6:45 PM*: Dinner in the dining hall for Grande riders

7:30 PM: Evening program in the Amphitheater

***Note:** Due to the size of our group, the catering crew is asking us to stagger dining times. As listed above, **dinner starts at 6:00 PM for Medio or Piccolo riders, and 6:45 PM for Grande riders.**

Day 3 - Sunday, May 18, 2025

GRANDE – 57-mile option – Gain: 4,500 ft

7:00 AM: Breakfast is available in the dining hall

7:30 AM: Grande option ride start!

~8:30 AM: Water stop near Point Reyes Station

~10:00 AM: Water stop at Limantour Beach

11:00 AM: Picnic lunch at Bear Valley Visitors Center

1:00 PM: Picnic lunch closes

3:00 PM: Departures & goodbyes!

MEDIO – 41-mile option – Gain: 2,400ft

7:30 AM: Breakfast available in the dining hall

9:00 AM: Medio option ride start!

~10:00 AM: Water stop near Point Reyes Station

11:30 AM: Picnic lunch at Bear Valley Visitors Center

1:00 PM: Picnic lunch closes

3:00 PM: Departures & goodbyes!

PICCOLO – 22-mile option – Gain: 1,100 ft

8:00 AM: Breakfast available in the dining hall

9:15 AM: Piccolo option ride start!

10:30 AM: Water stop near Point Reyes Station

11:45 AM: Picnic lunch at Bear Valley Visitors Center

1:00 PM: Shuttle back to camp

3:00 PM: Departures & goodbyes!

Accommodations Overview: Walker Creek Ranch



CAMP ADDRESS

Walker Creek Ranch, 1700 Marshall Petaluma Rd, Petaluma, CA 94952

LODGING

Tent Camping (price included in fundraising minimum)

There will be camping for both nights of Green Fondo Weekend, the price of which is included as part of your registration (once you meet your fundraising minimum, of course). If you'd like to camp, you should **bring your own tent, sleeping bag, pad**, and any other amenities you need to be comfortable.

We can accommodate a limited number of RVs and other camping vehicles, but please note that we will not have any electrical or water hook-ups for them.

Indoor Accommodations

Walker Creek Ranch has a number of shared bunkhouse-style cabins and semi-private rooms on their campus. If you'd like to sleep indoors, you might consider reserving one of these beds at an additional cost.

The **bunkhouses** are basic indoor rooms with bunk beds and shared bathrooms and showers. There are no linens provided, so **you'll need to bring**

a sleeping bag and pillow. The semi-private rooms are private bedrooms with shared bathrooms/showers, and they can be reserved for 1-6 people. **Linens are provided in the semi-private rooms.**

To request indoor accommodations, you will need to [fill out our rooming preference form](#) and pay an additional fee of \$99-300, depending on what you choose. If you'd like to room with a buddy, there will be a field in the form where you can add their name(s). Indoor accommodations are limited and will fill up fast, so fill out the form as soon as you know what your plans are!

[Please fill out the rooming preference form ASAP](#), but no later than April 18, 2025.

Offsite Hotel Rooms

We strongly recommend staying on campus, as there aren't many hotel options nearby. The closest hotel accommodations are located in Petaluma or Point Reyes Station.

Even if you are staying off site, [please fill out our rooming preference form by April 18, 2025](#), so we are aware of your plans and have accurate numbers for camp accommodations.

ARRIVALS

Camp and Registration opens at 5:00 PM on Friday, May 16, 2025. **Please do not arrive before 5:00 PM on Friday.**

Dinner will not be provided on Friday night, but we will have light snacks and refreshments available. If you need a more substantial meal, we recommend eating before you arrive or bringing your own food on Friday night. **We will provide all meals starting with breakfast Saturday morning through lunch on Sunday.**

PARKING

Car parking is provided free of charge for the whole weekend, but space is limited, so **we highly encourage riders to carpool**. More details regarding where to drop off equipment and park will be provided closer to the event.

VISITORS AND GUESTS

Family and friends are welcome to visit camp, join in post-ride festivities, and attend evening programming. However, guests cannot stay in rooms on campus overnight, ride with the group, or partake in meals. If they'd like to be able to eat and stay with us, they're welcome to skip the cycling and register as a non-riding participant and fundraise for our beneficiary network.

DEPARTURES (CAMP CLOSES AT 3:00 PM)

The event will conclude after lunch on campus at approximately **2:00 PM on Sunday, May 18**. You will have access to your luggage and gear so you can change clothes, pack up your bike, and enjoy a farewell lunch.

Other Important Event Information



BIKE LOGISTICS

Most folks will opt to bring their own bike for the weekend. **This is a road ride** (with a couple very brief rough patches), so **we recommend bringing a road or hybrid bike** for maximum comfort and efficiency (though a gravel bike would work in a pinch). The ideal bike is whatever you're most comfortable with, depending on your experience and chosen routes.

Renting a Bike

We've partnered with [Unlimited Biking](#) for the event. They have a variety of bikes and will deliver your bike to Walker Creek Ranch so you don't need to worry about traveling to and from the ride with it. They are offering special rates and all arrangements can be made [here](#).

ROUTE CHOICES

When registering, you indicated which routes you'll be riding for both days:

- **Grande:** 100 miles on day 1; 56 miles on day 2
- **Medio:** 57 miles on day 1; 41 miles on day 2
- **Piccolo:** 36 miles on day 1; 22 miles on day 2

We understand circumstances change, and you might be wondering if you can change your route selection. To that end, **we will be sending you an email in April confirming your beneficiary choices and route option**

choices. That will be your final chance to change your selections! We ask that you ride the route you signed up for during the event, as we are allocating resources and support to the various routes based on your choices. Thanks for your understanding!

TRAINING FOR THE RIDE

All of the cycling for this trip will be on paved roads, so you should focus on your road biking skills before the trip. **Each route option will include some hills, so don't neglect that piece of your training!** If you're taking on the 100-mile option on Day 1, make sure you're working long, multi-hour rides into your training plan. This will help you discover and prepare for all the little inevitable discomforts that come along with spending 5+ hours on your bike in one day!

BIKE SAFETY SUPPLIES

We require all riders on the Green Fondo to wear a helmet and ride with a red blinking tail light at all times on the routes. We also highly encourage riders to wear bright or reflective clothing while riding as a safety precaution. No earbuds or headphones, please.

NAVIGATION AND RIDE WITH GPS (MOBILE APP)

We will not be physically marking the routes on this ride. Instead, all navigation will be done using the mobile app **Ride with GPS**. We will be sending a link with all of the routes and important event information like the schedule and safety info ahead of the ride. In the meantime, **all participants should [download the app](#) on their phone and have a way to mount their phone to their handlebars.** We will have a limited number of handlebar mounts that riders can borrow, but we recommend bringing your own.

Riders can navigate using the Ride with GPS app in airplane mode or with cellular data turned off. To ensure enough battery life for the duration of your ride, **we highly recommend riding with an external battery pack** to be used in the event your phone runs out of power.

GPS files that can be uploaded to a Garmin or Wahoo bike computer will also be made available before the ride starts.

MEALS, SNACKS, AND OTHER SUPPLIES

Our camp dining hall and your Green Fondo leaders will prepare all meals on the ride, starting with breakfast on Saturday morning. We will provide omnivore, vegetarian, and vegan options for each meal. You should have chosen your dietary preference and detailed any dietary restrictions or allergies* when you registered for the event. **You cannot change your preference during the event.**

A snack table will be set up each morning with lots of great snacks, so pack away! Vans and support vehicles will also carry water, snacks, basic bike tools,

and first aid kits on the road. Bike mechanics will be available in camp and on the routes. **If you have special dietary needs*, we recommend bringing bars and snacks that you enjoy to supplement the snacks and food on the ride.**

IMPORTANT NOTE: For those with serious food allergies or dietary restrictions (e.g. Celiac Disease), please introduce yourself to our crew on site, so that we can put faces to names of folks who will need special meal accommodations. We will do our best to prepare meals as safely as possible, as well as set aside safe plates for you specifically when possible. But as is true with any large group catering, even when we take the necessary precautions, there is a possibility for cross contamination. **Please be sure to bring your own safe back-up foods and exercise caution at the water stops and in buffet lines.**

DRINKS AND HYDRATION

Keeping you hydrated is a job our guides take very seriously. Cold water, electrolytes, and energy-restoring snacks will be available at each water stop along the routes and in camp. For water and other beverages, **we recommend bringing 2 bike bottles and/or a hydration pack for biking, plus a hot mug and a Nalgene-type bottle for camp.**

CHARGING ELECTRONICS AND Wi-Fi

There will be outlets available in the bunkhouses and semi-private rooms for charging your electronics each day. For campers, we will have a special charging station available for you at camp. Because you will be relying heavily upon your mobile phone for navigating on the route, **we recommend bringing a small external battery pack** that you can keep with you on the ride. Please mark your cable with your name so it doesn't get mixed up with others' cables!

Depending on your carrier, you will have very spotty cell reception during much of the trip, and Wi-Fi is not generally available. Enjoy this digital detox!

SHOWERS AND RESTROOMS

Our camp will have showers and clean restrooms available for all participants. The lodge rooms will have showers and bathrooms that are shared with a few other lodge occupants. Campers and those staying in the bunkhouses will be able to use the central shower and bathhouse.

MERCHANDISE

On Saturday afternoon, we'll have a Green Fondo/Climate Ride merchandise table with a variety of merchandise available for purchase. **If you're looking for a size-specific item, we recommend ordering from our [online store](#)* ahead of the ride**, as we'll have limited quantities for sale on the ride. We will have a limited supply of Green Fondo shirts and jerseys, and the best way to earn one is by hitting the fundraising thresholds listed earlier in this guide!

GUIDE GRATUITY

Our dedicated guides are integral in pulling off these events. They dedicate multiple days before and after the ride in addition to the very long days they work during the event. **If you have the capacity to give, suggested tips for Climate Ride events start at 5-10% of the fundraising minimum.**

HEALTH, ILLNESS, AND WELLNESS POLICY

Please familiarize yourself with our policy regarding what to do in the event of illness before or while on a Climate Ride trip. [You can read the full policy here.](#)

HARASSMENT POLICY

Climate Ride, Inc. has a zero-tolerance policy towards harassment of any kind and promotes a communal space of physical and emotional safety. Our goal is that all Climate Ride trips are free of harassment, including bullying and sexual harassment, and that all participants, staff, and volunteers come away from the event with a positive experience. Harassment harms participants and group dynamics and casts a dark cloud over positive and meaningful experiences. Climate Ride strongly encourages all participants to inform their staff or leaders of any incidents of harassment that they are personally involved with or they have witnessed.

Beyond the Logistics: Enriching Your Experience

OUR GUIDELINES FOR CREATING A FUN RIDE FOR EVERYONE

As part of our commitment to building meaningful connections and facilitating productive conversations about the future of our planet, we have some guidelines for how participants can help us nurture a positive and inclusive atmosphere at our events. [Please give these guidelines a read before you leave!](#)

YOU'RE NEWSWORTHY!

One goal of this Green Fondo event is raising awareness for the climate, sustainability and active transportation cause — and what you are doing is interesting! Have you considered reaching out to your local newspaper, or even your beneficiary organization, and asking if they would write a story about your charitable challenge? [You can create a customized News Release template by filling out this form.](#)

GET YOUR BIKE TUNED UP BEFORE CLIMATE RIDE!

Make sure your bike is prepared for a big weekend of riding. Trust us: watching your friends pedal away while you deal with a loose crank is no fun! ***Bring your bike to the shop now, so you don't have to later.***

JOIN OUR STRAVA GROUP!

Strava is a great place to track your own fitness progress and gain motivation from other riders! You can use this club to see how others are training, track your rides for contests, and connect to other riders in your area. The app is free and you can join our group by [heading to this link](#). We will run occasional contests where you can win fun CR swag!

JOIN OUR PRIVATE CHAT GROUPS!

We have two options for connecting with other riders ahead of the event. If you're on Facebook, [head to this link](#) and **request to be added to the group**. With so many people leaving Meta, we also created a [Discord channel](#) for riders. *Please note, staff will not be fielding questions on either of these platforms, so email Hannah with any questions.*

KEEP UP YOUR FUNDRAISING!

It's easy to let your fundraising goals fall by the wayside as you prepare for the physical logistics of your trip, but you could be missing out on some of the best opportunities to build hype for donations! Link to your fundraising page on each of your Strava training posts, boost your Facebook fundraiser with a countdown to your trip, post a picture of your excellent packing job...get creative and channel that pre-trip excitement!

Also, **if you have questions about or problems with the donation software, please email us immediately.** Now that checks are rolling in steadily, it can take 4 days or more to process them. If after ten days you still don't see a donation that you are expecting, please email your participant manager. Matching donations have a variable timeline and may take three months or more to be processed depending on the company's policy.

GREEN FONDO CHECKLIST – DO THESE RIGHT AWAY!

- ☐ **Start/Complete your fundraising to guarantee your spot on the ride!**
Remember the \$1,000 deadline to receive a Green Fondo Jersey is March 16, 2025, and the final deadline to reach the fundraising minimum of \$250 is May 5, 2025.
- ☐ **Fill out our [rooming preference form](#) by April 18, 2025** if you do NOT plan on camping.
- ☐ **Make travel arrangements** to/from Walker Creek Ranch in Petaluma.
- ☐ **Schedule a time to bring your bike into the shop for a tune-up.**

- ☐ **Begin training for the ride ASAP**, especially if you're signed up for the longer options. The more you prepare before the ride, the more energy you'll have for dancing and general merriment!
- ☐ **Download the [RidewithGPS app](#) on your phone** so you can navigate while on the ride.
- ☐ And finally, **get packed up using our packing list** on the next page!

Green Fondo Packing List

Following are lists of *suggested* items to pack for Green Fondo. Ultimately, it's up to you what to bring!

GENERAL PACKING LIST

- ☐ ID (required)
- ☐ Emergency contact information to keep with you
- ☐ Credit cards/cash
- ☐ Medical insurance card
- ☐ **Headlamp or flashlight**
- ☐ T-shirts
- ☐ Pants/jeans/sweatpants/shorts
- ☐ Warm sweater or fleece/jacket
- ☐ Warm hat
- ☐ Comfortable shoes/sneakers/sandals
- ☐ Comfortable socks
- ☐ Gloves
- ☐ Sleepwear
- ☐ Camera/extra batteries/memory card
- ☐ **Hot mug and Nalgene-type bottle**
- ☐ Pre-stamped postcards for your donors (nice!)
- ☐ Reading material
- ☐ Journal/pen
- ☐ Sewing kit
- ☐ Small backpack or bag/shower bag
- ☐ Towel and washcloth
- ☐ Small backpack or bag/shower bag
- ☐ Cold water detergent
- ☐ Clothespins or binder clips to hang wet clothes
- ☐ Ziplocks/plastic bags (for dirty or wet clothes)
- ☐ **If camping:** Tent, sleeping bag/pad, pillow, tarp/footprint for under tent.
- ☐ **If staying in Bunkhouse:** sleeping bag, pillow, and towel. If you reserved a semi-private room, linens are included.

TOILETRIES

- ☐ Toothbrush/toothpaste/mouthwash/floss
- ☐ Soap/shampoo/conditioner
- ☐ Deodorant
- ☐ Hair products/ties/clips
- ☐ Small bottle of hand sanitizer
- ☐ Contacts/glasses/case/extra pair
- ☐ Moisturizer
- ☐ **Ear plugs (especially for light sleepers)**
- ☐ Sanitary protection
- ☐ Nail clippers
- ☐ Vitamins
- ☐ Cold water detergent
- ☐ Small backpack or bag/shower bag

CYCLING GEAR

- ☐ **Helmet (required)**
- ☐ Bike (required)
- ☐ Bike bags/hip packs/etc. (to hold supplies while riding)
- ☐ **Hydration pack or 2 bike water bottles**
- ☐ Rain jacket/pants (required: expect rain)
- ☐ Jerseys (1-2)
- ☐ Bike shorts (1-2)
- ☐ Bike shoes/bike socks
- ☐ **Spare cleats**
- ☐ Windbreaker/cycling jacket
- ☐ **Sunglasses/spare sunglasses**
- ☐ Patch kit, tire irons (highly recommended)
- ☐ Mini bike tools
- ☐ Arm, knee, and/or leg warmers
- ☐ Cycling gloves
- ☐ Shoe covers (will help keep socks dry if it rains)
- ☐ Sweatband/bandanas to wear under helmet
- ☐ Frame pump
- ☐ Spare tubes
- ☐ Chamois cream (like Udder Butter)
- ☐ Bike computer
- ☐ Bike tires for uncommon wheel sizes (keep in your gear bag)
- ☐ Shower cap (to cover your bike seat at night)

FIRST AID

- ☐ **Prescription medications**
- ☐ First aid medical bracelets/necklaces
- ☐ Anti-blister cream
- ☐ Antacid
- ☐ Bandages
- ☐ SPF lip balm
- ☐ Insect repellent
- ☐ Ibuprofen/Acetaminophen/other pain relievers
- ☐ Sun block
- ☐ Aloe or after-burn cream
- ☐ Topical pain reliever cream

We will have guides on the ride who will be carrying additional first aid supplies but will not administer any medication.

If you have medications that need refrigeration or other special care, email your participant manager and then check in with your guides on Day 1 to make arrangements.

Guide last updated on April 23, 2025.

